



HEALTH  
EQUITY  
LEADERSHIP  
INSTITUTE

## 2014 Program Agenda

**Please note:** *All sessions - Monday through Wednesday- will occur at the WI Institutes for Discovery (WID), in the HF DeLuca Forum, 1<sup>st</sup> floor of the WID*

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Sunday, June 8

Best Western Inn Towner, 2424 University Ave

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5:30-6:30 pm

**HELI Welcome Hour for Scholars**

*Please join us for an informal gathering with light refreshments and a chance to connect and re-connect!*

Monday, June 9

Wisconsin Institutes for Discovery, 330 N. Orchard

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**Remember to wear especially comfortable clothing today as there will be some movement activities during our 10:15 session!**

7:30 am

**Check In**

*Look for Heli Information Table*

8:00-8:30 am

**What We've Learned from YOU**

*Alex Adams and Chris Sorkness will provide an update using Heli data we've collected since the very first Heli class came through!*

8:30-10:00 am

**Where Are They Now?**

*Michelle Johnson-Jennings (2011), Aasim Padela (2011), and Nancy Greer-Williams (2010) will share achievements since attending Heli, including how Heli made a difference in their career development.*

**Facilitator:** James Butler III

10:00-10:15 am

**BREAK**

10:15-12:15 am

**Zen Leadership Workshop**

*Ginny Whitelaw will use our completed **Focus Energy Balance Indicator (FEBI)** to explore how to be more agile and excellent in the work of leadership! She will introduce 4 energy patterns necessary for leaders to be wholly successful. You'll learn how to access each pattern, what each is good for, and learn ways to apply the patterns to challenges you're currently facing. Scholars will also receive their personal FEBI report back about their leadership style, assets, and guidance on areas to focus/improve on.*

12:15-1:00 pm

**Lunch on your own**

*There are different food options available in the WID or across the street at Union South! Please be back and seated in the Forum by 1:00!*

- 1:00-2:30 pm      **Managing Seamless Career Transitions; Part I**  
*Stephen Thomas, Alex Adams, and Nasia Safdar will share strategies they have used to successfully manage career transitions in three areas: selecting mentors, reaching tenure, and managing clinical practice with research.*
- 2:30-2:45 pm      **BREAK**
- 2:45-3:45 pm      **Managing Seamless Career Transitions; Part II**  
*Small Group Discussions, facilitated by Earlise Ward, Craig Fryer and Mary Garza, will be set up to support those who are facing transitions in their careers and who wish to seek ideas for managing these transitions. For those with insights to share about managing transitions in the past, please come prepared to share your experiences! Think of this as a time to share 'What I wish I'd Known' / 'What I Wish Someone had Explained to Me!'/ 'What I Know Now' with your colleagues!*
- 3:45-4:00 pm      **BREAK**
- 4:00-5:00 pm      **Feeling Stressed Out? Help is on the Way!**  
*There is a great deal of stress involved in managing research, teaching and service, and some service we provide not necessarily recognized (for example, requests to mentor faculty and students of color outside of our home department). The risk for burnout is high! Our panelist -- Earlise Ward, James Butler, and Carmen Valdez -- will discuss these stressors and share stress management and self-care tips.*
- 5:00 – 5:15      **BREAK (and glamourizing time)**
- 5:15 pm      **HELI Scholar Group Photo Shoot**

END

Tuesday, June 10

Wisconsin Institutes for Discovery, 330 N. Orchard

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8:00-9:30 am

**Mock Review I: Promoting Mammography through Tailored Interventions among American Muslims** (PI: Padela)

Chair/Primary Reviewer: Stephen Thomas

Secondary Reviewer: Jared Jobe

Tertiary Reviewer: Elizabeth Jacobs

Community/Culture Consultant: Lauren Mueenuddin

Stats Consultant: Kevin Buhr

Methods Consultant: Nora Jacobson

9:30-9:45 am

**BREAK**

9:45-10:45 am

**Dissemination and Implementation (D &I) Resources and Health Equity Research**

*We know gaps exist between evidence of interventions that can optimize health and healthcare services -- and what actually gets adopted and implemented in practice. The UW Institute of Clinical and Translational Research is launching several new D&I initiatives and research resources, to ensure evidence-based strategies / interventions / programs are effectively delivered in clinical practice and community health programs. Melody Bockenfeld and Chris Sorkness will tell us about ICTR D&I resources, and will engage Scholars in a discussion about: 1. The role of D&I activities and implementation science in promoting health equity; 2. Unique barriers/opportunities in this field, and 3. Personal experience with D&I activities and research.*

10:45-11:00 am

**BREAK**

11:00-12:30 pm

**Mock Review II: Using faith-placed diabetes education to improve health outcomes in obese, diabetic or hypertensive African American Women** (PI: Farr)

Chair: Stephen Thomas

Primary Reviewer: Jared Jobe

Secondary Reviewer: Chris Sorkness

Stats Consultant: Kevin Buhr

Methods Consultant: Earlise Ward

12:30-1:15 pm

**Lunch, on your own**

*There are different food options available in the WID or across the street at Union South! Please be back and seated in the Forum by 1:15!*

- 1:15-2:45 pm      **Navigating Academia: Strategies of Success**  
*Elizabeth Cox, Carmen Valdez and Chris Sorkness will each share strategies that they have used to effectively manage 1.) core responsibilities (research, teaching and service); and 2.) effective engagement with Promotion and Tenure committees. They will also share reflections about how institutional climate/politics can influence successful navigation.*
- 2:45-3:00 pm      **BREAK**
- 3:00-5:00 pm      **Scientific Autobiographies**  
*Renaisha Anthony (2011) and Juan Delacruz (2012) will each share key turning points and big decisions they have made in their careers, including challenges and successful strategies to address these. We've allowed plenty of time for discussion and sharing following each of their presentations!*
- 5:00-6:30 pm      **UW Welcome Reception** sponsored by the UW Division of Diversity, Equity and Educational Achievement  
*Patrick J. Sims, Interim Vice Provost & Chief Diversity Officer at UW Madison will offer a welcome message to our Scholars and guests.*

END

Wednesday, June 11      [Wisconsin Institutes for Discovery, 330 N. Orchard](#)

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- 8:00-10:30 am      **Tools and Strategies for Establishing Effective Mentoring Practices**  
*Chris Pfund, Stephanie House, Pam Asquith will lead this workshop which is based on the published curriculum, Mentor Training for Clinical and Translational Researchers, and uses materials developed for mentors of community engaged researchers. This interactive session focuses on understanding the critical phases of a mentoring relationship - from initial match with a mentee to cultivating an effective mentoring relationship built upon practices that promote effective communication and trust. We'll discuss assessing a mentee's understanding, how to start off on the same page, and how to develop and maintain a relationship based on inclusion, trust, and mutual understanding.*
- 10:30-10:45 am      **BREAK**
- 10:45-11:45 am      **Creating a Diversified Research Portfolio: Expanding beyond the NIH**  
*Stephanie Robert, PhD UW School of Social Work*  
*Today more than ever, being able to effectively write for grant support - be it to Federal granting agencies, foundation or internal awards at your academic institution - is critical. Our presenter has secured funding from all of these types of organizations and will share her secrets for success in grant writing for various venues, as well as her '10 Tips for Success in Academia'!*
- Noon-1:00 pm      **HELI Scholar Lunch & Feedback Session**
- 1:00-2:30 pm      **Closing Ceremony**

END

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The National Institute of Minority Health and Health Disparities and the University of Wisconsin's:

- School of Medicine and Public Health
- Office of the Vice Provost for Diversity and Climate
- Institute for Clinical and Translational Research